




KINSHIP SENIOR CENTER
 921 S. Carrollton Ave • New Orleans, 70118
 Monday ⇒ Friday • 9:00 am ⇒ 2:30 pm
 www.kinshipnola.org • (504) 314-0300

MARCH 2020 REGULAR WEEKLY ACTIVITIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am	Coffee talk	Coffee talk	Coffee talk	Coffee talk	Coffee talk
9:30 am	Bible Trivia		Inspiration discussion		Inspiration discussion
10:00 am	Knitting Class	Tai Chi Class	Knitting Class	Sittercise	Strength & Balance
10:30 am	Sing A Long	Sittercise		Jewelry Making	
11:00 am	Restore & Relax (Exercise)	Spanish class	Pedal Pump	Jewelry Making Continues to 11:30am	Computer time!
12:00 pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:30 pm to 1:30 pm	Drama or Game Time	Grocery Trip or Movie	Bingo! (moves to Thurs 3/19/20)	Music Appreciation (moves to Wed 3/18/20)	Art Class

**Activities may change. Please call ahead if you are considering dropping in for an activity.*

SPECIAL MARCH ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) 10:30 Health Talk	3) NOCOA Medicare Talk	4) * 12:30: Charlie Miller Band	5) Broadmoor Luncheon	6)
9) Choir Rehearsal	10) Farmers Market in the AM	11) 12:30 Bingo with Robbins Graham	12) *AM: Xavier *PM: Walmart	13) LSU Nursing Students
16) * 10:00 Choir * 10:30 Health Talk	17) St Patrick's Day! 	18) * Music Appreciation & Bingo swap places	19) Dollar Tree	20) LSU Nursing Students
23)	24)	25)	26) 10:30 Talk: Pets & Seniors	27) * LSU Nursing * Birthday Party
30) * 10:00 Choir * 10:30 Health Talk	31)			

The Birthday Party for March is on the 27th at 12:30pm. Everyone is welcome!
Sr. Maura O. 3/7, Judy S. 3/7, Susie B. 3/9, Nora "GG" C. 3/9, Marylee T. 3/11,
Mary C. 3/15, Janice M. 3/16, Emmaline H. 3/21, Dean M. 3/25.



HAPPY ST. PATRICK'S TO EVERYONE!

**We sure struck a pot of gold here at Kinship & we feel so lucky
to have our Kinship family!!!**



Here are a few things to pay attention to this month!

Health Talks: March 2nd, March 16th, March 30th

Restore and Relax Yoga - Every Monday at 11AM

Tai Chi Class - Every Tuesday at 10AM

Art Class Every Friday at 12:30

Music Appreciation moves to Wednesdays on the 18th!

Please join us!

We always have a variety of classes that keep us engaged and learning like our computer class, spanish class, and jewelry-making sessions!