WHAT WE KNOW

- Coronavirus spreads via contact with surfaces & through airborne droplets transmitted through coughing by people who have contracted the virus
- There have been over 210,100 confirmed cases of Coronavirus and more than 8,807 deaths worldwide
- The U.S. has more than 7,837 confirmed cases with 141 reported deaths
- There are confirmed cases in all 50 states with Washington state being the epicenter of U.S. community transmission
- Older adults, individuals with underlying health conditions, and immunocompromised individuals are more at risk and have been affected with the most severe symptoms
- There have been confirmed cases in children and adolescents but their symptoms have been mild in comparison to adults
- Asymptomatic individuals (including children) can spread COVID-19

WHAT YOU CAN DO

- Wash your hands often (for at least 20 seconds each time)
  - Use hand-sanitizer if necessary
- Avoid touching any part of your face with unwashed hands
- When you cough/sneeze, do so into your arm or into a tissue. Do not cover your cough with your hands as this is how germs spread
  - Wash your hands immediately after you cough/sneeze
- Regularly disinfectant surfaces at home & at work
- Practice social-distancing to minimize spread—Avoid physical contact with others as the disease can spread even if symptoms are not yet present
- If you’re feeling sick, stay at home, call your doctor & follow their instructions

Sources: Johns Hopkins, World Health Organization, CDC, NPR, NYTimes, NBC News, nola.com
Presented by Jodi Capaci, LMSW | Lead Case Manager | Kinship Senior Center | kinshipnola.org
The first cases of Coronavirus were reported in China on December 31, 2019.

As of February 26, 2020, Coronavirus spread to every continent except Antarctica.

March 9, 2020: Louisiana reports its first presumptive positive case in Jefferson parish (wwltv)

As of March 18, 2020, there have been 257 cases in Louisiana; most in New Orleans.

**Territories with confirmed cases of COVID-19**

**Transmission and Diagnosis**

The virus that causes COVID-19:

- Usually spreads from close person-to-person contact through respiratory droplets from coughing and sneezing.
- May also spread through airborne transmission, when tiny droplets remain in the air even after the person with the virus leaves the area.
- Can only be diagnosed with a laboratory test.

Sources: Johns Hopkins, World Health Organization, CDC, NPR, NYTimes, NBC News, nola.com

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LOUISIANA CASES

- As of March 18th, there are 257 positive cases (out of 634 tests) & 7 deaths
- Coronavirus is now in 13 parishes; the majority are in Orleans parish
- Please check nola.com, who.int and cdc.gov for daily updates

Sources: Johns Hopkins, World Health Organization, CDC, NPR, NYTimes, NBC News, nola.com
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