



Hurricane Season & Zoom Meetings

July | 2020

Hurricane season is upon us once again and with the Coronavirus pandemic, we must take extra precautions to bolster our safety. In addition to gathering the usual supplies like batteries, extra water and non-perishable food items, make sure your hurricane kit also includes some extra face masks, hand sanitizer, and surface disinfectants. For more information on hurricane preparedness and COVID-19, visit the Nola Ready website at <https://ready.nola.gov/plan/hurricane>.

With the help and encouragement of the New Orleans Council on Aging (NOCOA), Kinship will be obtaining a Zoom account so we can hold some group activities with our members! We will be posting on Kinship's Facebook page with more details and instructions on how to join. We aim to facilitate our member-favorite Inspiration Discussions and hope that all can join! We thank you all for your patience as we learn to adapt to this new normal. We know we can overcome any obstacle as long as we do it together with our Kinship family.

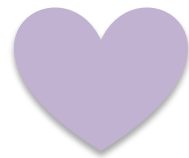


COVID-19 Safety Precautions

- Wash hands often, for at least 20 seconds each time OR use hand sanitizer when hand washing is not an immediate option.
- Avoid touching any part of your face with unwashed hands
- Maintain *at least* 6 feet distance between yourself and others
- Always wear a mask when around others
 - Note: Wearing a mask and/or being outside does not negate the 6-feet apart rule, nor does being outside negate wearing a mask.
- When coughing/sneezing, do so into your arm or into a tissue
 - Do not cover your cough with your hands
 - Wash your hands immediately after coughing/sneezing

Resources: [cdc.gov](https://www.cdc.gov) | [who.int](https://www.who.int) | [nola.com](https://www.nola.com)

Things We Miss



Z D S P W Q X Y Q V O S N F U F R E T X Z Q W A Z
N I I F W T T W R S C O M P U T E R C L A S S U R
J X N L R M U S I C A P P R E C I A T I O N S C Q
T B H S K E Y S P A N I S H C L A S S D Z G I O W
X K D M P T S U L L P S H H W R W L O A D L O O V
Q T I E Z I C H I T G E C O O A C X V P O E J K P
Y A Z O P M R Y P W O Q D K T L N M O C L L N I U
S I J Z Z I I A F I R T K A R L E Q I S L E F E Z
W C M S X M B J T M E P L I L V U M M J A T K S Z
P H S M T B I K M I A V V Z A P F N Q E R U K C L
G I G G Y H B N M B O K W D E U U Z C H S C Z D E
F P R M Q M L I U O H N I H Y M D M T H T D C D S
S C E B T N E T V I R E D N C Z R B P M O J H X F
G X A I U Z T T D B F N A I G C C B P E R X A M N
Q I T E F C R I T C I E I S S J S N H H E W I W I
V E C Q R Y I N U X W N D N S C E E Q V R X R O H
S Z O X O O V G M P O S G D G G U W D F Q H Y E R
V G M N S B I A O A A G D O C C E S E M F J O D H
I I P L L Z A E U Z F H W Q U Z O M S L G Q G O H
S B A G R O C E R Y T R I P I Z O F Z I R W A D C
C L N K N I D V T W G H H M K C K Q F D O Y J R B
J N Y K C N F L Z I G K V L J A X B T E W N L J N
N A J D A S I T T E R C I S E I U G G R E B L F J
B X U J E L D E B W C T W N V Q F Q C O H U H F C
O Y I L K I S M L N J O L T N N U P Y Z I A M E Y

bingo
morning coffee
tai chi
fresh pie
sittercise
pedal pump
music appreciation
grocery trip
Inspiration discussion
dollar store
hot lunch
chair yoga
Spanish class
great company
cookies
bible trivia
puzzles
knitting
making jewelry
computer class

